

# Changes to Approved Quantities of Blood Glucose Test Strips

As of October 15, 2015, the number of blood glucose test strips that are covered\* every 365 days by the Saskatchewan Drug Plan will be based on the type of diabetes treatment that you receive.

If you fit into more than one of the categories below, the higher quantity applies.

Your Treatment	Notes	Your Annual Approved Quantity
Managing diabetes <b>with insulin</b>	This higher quantity applies whether or not you are also taking other diabetes medications	3,650 strips
Managing diabetes with <b>medication with a higher risk of causing low blood sugar</b>	Examples: gliclazide (Diamicon®), glyburide (Diabeta®), nateglinide (Starlix®), repaglinide (Gluconorm®)	400 strips
Managing diabetes with <b>medication with a lower risk of causing low blood sugar</b>	Examples: acarbose (Glucobay®), linagliptin (Trajenta®), metformin (Glucophage®), pioglitazone (Actos®), saxagliptin (Onglyza®), sitagliptin (Januvia®)	200 strips
Managing diabetes through <b>diet/lifestyle</b> therapy		200 strips

\*Coverage is subject to your usual deductible and co-payment. Requests for strips in excess of these approved quantities will be considered based on medical criteria, on a case-by-case basis.

These changes align with guidelines published by the Canadian Diabetes Association.

Please speak with your health care provider (e.g. diabetes educator, pharmacist, physician, nurse practitioner) if you have questions about managing your diabetes or how to properly monitor your blood glucose levels.

Further information is available on the CDA website:

<http://guidelines.diabetes.ca/PatientResources>

**Need more information about this or other Drug Plan program benefits?**

Visit <http://formulary.drugplan.health.gov.sk.ca>

or call the Drug Plan at: 1-800-667-7581 or 306-787-3317 in Regina